

AGE GROUP INFORMATION FOR MYFC TEAMS IN NWFYFL 2026/27 SEASON



AGE GROUP	FORMAT	MAXIMUM REGISTERED PLAYERS	REFEREE NEEDED	BALL SIZE	MAX SUBS	GOAL SIZE (Feet)	MATCH LENGTH (Minutes)	MATCH FORMAT	RETREAT RULE	POWER PLAY	HEADING ALLOWED?	SIDELINE RESTARTS	OFFSIDE?
U7	3v3	12	No	3	N/A	4 x 2.5	6 - 10	6-10 mins matches	Yes	No	No	Dribble or Pass	No
U8	5v5	14	Yes	3	5	12 x 6	40	4 x 10 mins quarters	Yes	Yes	No	Dribble or Pass	No
U9	5v5	14	Yes	3	5	12 x 6	40	4 x 10 mins quarters	Yes	Yes	No	Dribble or Pass	No
U10	7v7	18	Yes	3	5	12 x 6	50	2 x 25 halves	Yes	Yes	No	Dribble or Pass	No
U11	7v7	18	Yes	3	5	12 x 6	60	2 x 30 halves	Yes	Yes	No	Dribble or Pass	No
U12	9v9	18	Yes	4	5	16 x 7	60	2 x 30 halves	No	No	Yes	Throw Ins	Yes
U13	9v9	18	Yes	4	5	16 x 7	70	2 x 35 halves	No	No	Yes	Throw Ins	Yes
U14	11v11 *	22	Yes	5	5	21 x 7	70	2 x 35 halves	No	No	Yes	Throw Ins	Yes
U15	11v11	22	Yes	5	5	24 x 8	80	2 x 40 halves	No	No	Yes	Throw Ins	Yes
U16	11v11	22	Yes	5	5	24 x 8	80	2 x 40 halves	No	No	Yes	Throw Ins	Yes
U17 / U18	11v11	30	Yes	5	5	24 x 8	90	2 x 45 halves	No	No	Yes	Throw Ins	Yes

* Format for U14 girls for 2026/27 will be agreed at the AGM at the end of June.

At U7 there are no goalkeepers and all players must play, so no subs allowed.

Corners and Back Pass rule in place for all age groups